## THE BRISTOL STOOL FORM SCALE

Type 1

Type 2

Type 3

Type 4

Type 5

Type 6

Type 7



Separate hard lumps, like nuts

Sausage-like but lumpy

Like a sausage but with cracks in the surface

Like a sausage or snake, smooth and soft

Soft blobs with clear-cut edges

Fluffy pieces with ragged edges, a mushy stool

Watery, no solid pieces